

# Jump Start Gymnastics



Great Fitness

Great Fun

Great Gymnastics

23700 Mercantile Rd

Beachwood, OH 44122

Rear of: National Biological Building

Phone: (216) 896-0295

Email: [jsgymnastics@jsgymnastics.com](mailto:jsgymnastics@jsgymnastics.com)

Website: [jsgymnastics.com](http://jsgymnastics.com)

March 20, 2022

Dear Jump Start Families,

Summer is around the corner and it is time to start planning and preparing for the 2022-23 competitive season. Hopefully, we will be graduating to a "business as usual" status soon. Safety, mandates, and the health of your child and family regarding all issues will always be the first priority.

Provided is the 2022 Summer workout schedule. Based on the majority response that I had received, the practice sessions are scheduled the same as last summer. The summer session is 8 weeks in length, and all practices are held within each weekly camp. The practice days are Monday, Wednesday, & Friday 9:00 am-1:30 pm. There will be a 30-minute lunch scheduled within each practice session. A brief warm-up immediately followed by event work-out will start each practice at 9:00 am. A gymnast may choose as many or as few of the practices that they are able to attend. Family time and vacations are important. A balance that your family is comfortable with is imperative.

Please make your selection of weeks and days and return your gymnast's schedule via email or hard copy before April 15, 2021. Summer practices are mandatory for all team members and fundamental for building strength and skill acquisition. Please plan to attend as many camp practice weeks as possible, as this will determine your child's readiness for the 2022-2023 season. Team gymnasts receive priority camp spaces. If you are not pre-registered, space will not be reserved for your gymnast

Summer team billing will be split into 2 payments of \$450.00, due May 15 and July 1, 2021, for a total of \$900.00 for the 8-week session. Team siblings receive a \$100.00 discount. Each gymnast may opt for additional full days of Tuesday or Thursday for \$30 per day each week. The camp theme is listed for each week. Aftercare 3:00-5:00 pm is \$10 per day. If you have any questions or concerns please call or email. Every situation has a solution!

Thank You and Sincerely,

Maureen

# Jump Start Gymnastics



Great Fitness  Great Fun  Great Gymnastics

23700 Mercantile Rd  
Beachwood, OH 44122  
Rear of: National Biological Building  
Phone: (216) 896-0295  
Email: [jsgymnastics@jsgymnastics.com](mailto:jsgymnastics@jsgymnastics.com)  
Website: [jsgymnastics.com](http://jsgymnastics.com)

**\*\*No practices July 4- 8, 2022\*\***

## 2022 Summer Practice Schedule • June 13 - August 12, 2022

Name:	\$450 5/15/22	\$450 7/1/22
-------	---------------	-----------------

Monday	Wednesday	Friday	Tuesday or Thursday Camp add on
9 am-1:30 pm	9 am-1:30 pm	9 am-1:30 pm	9:00 am - 3:00 pm

Week 1	June 13 - 17 THEME: <b>Train like a warrior!</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
	<b>PLEASE CHOOSE DAYS FOR EACH WEEK</b>			
Week 2	June 20 - 24 THEME: <b>Dance Explosion</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
<b>Themed Weeks to keep the "Camp" in Summer</b>				
Week 3	June 27 - July 1 THEME: <b>Drama</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
Week 4	July 11 - 15 THEME <b>PJ Party</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
Week 5	July 18 - 22 THEME: <b>IT'S A BAKE OFF!</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
	<b>*Leotard and warm-up sizing week*</b>			
Week 6	July 25 - 29 THEME: <b>Art</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
	<b>*Competition level determination*</b>			
Week 7	Aug 1 - 5 THEME: <b>Thrills of skills!</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
	<b>*Routine composition for the competitive season*</b>			
Week 8	Aug 8- 12 THEME: <b>Best of the Olympics sports</b>	PRACTICE: M /W /F	CAMP: T/TH	AFTERCARE:
	<b>*Routine composition for the competitive season*</b>			

# Jump Start Gymnastics



Great Fitness



Great Fun



Great Gymnastics

---

23700 Mercantile Rd

Beachwood, OH 44122

Rear of: National Biological Building

Phone: (216) 896-0295

Email: [jsgymnastics@jsgymnastics.com](mailto:jsgymnastics@jsgymnastics.com)

Website: [jsgymnastics.com](http://jsgymnastics.com)