

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TWISTER CLASSES 2-6 yrs old							
Little Twisters (with adult) 2-3 years old, 1 hour					10:00-11:00	10:45-11:45 am	
Swinging Twisters 3-4.5 years old, 1 hour	4:30-5:30 pm	4:30-5:30 pm	4:30-5:30 pm	4:15-5:15 pm	10:00-11:00	9:30-10:30 am	1:00-2:00
Tumbling Twisters 4-5 years old, 1.25 hours	4:30-5:45 pm	4:30-5:45 pm	4:30-5:45 pm	4:15-5:30 pm		9:30-10:45 10:45-12:00 pm	1:00-2:15
Supersonic Twisters 5-6 years old, 1.25 hours	4:30-5:45 pm	4:30-5:45 pm	4:30-5:45 pm	4:15-5:30 pm		9:30-10:45 10:45-12:00 pm	1:00-2:15
FLIPS CLASSES 7-17 yrs old							
Gymkata for Boys 5-8 years old, 1.25 hours	4:30-5:45 pm		4:30-5:45 pm			9:30-10:45 pm	
Flips for Boys 8-17 years old, 1.25 hours			6:00-7:15				
Flips for Girls 7-9 years old, 1.25 hours	4:30-5:45 pm 6:00-7:15 pm	TEAM 4:00-7:30	4:30-5:45 pm 6:00-7:15 pm	TEAM 4:00-7:30	TEAM 4:00-7:30	9:30-10:45 am 10:45-12:00 pm	1:00-2:15
Prep-Team for Girls 4.6-6 yr (1.5 hr) & 5-9 yr (2 hr) MUST enroll for 2 classes			5:30-7 pm	5:30-7:30 pm	4:00-6:00 pm	10:45-12:15 pm	2:00-4:00 pm
Go, Girl! Gymnastic Class 10-17 years old, 1.25 hours	6:00-7:15 pm		6:00-7:15 pm				
SPECIALTY CLASSES							
Open Gym Crawling through 6yrs \$10 per child					11:15-12:30		
Women/Men in Training (WIT/MIT) Adult Open Gym \$10 per participant	H.S. TEAM 7:00-9:00 pm	7:30-9:00pm H.S. TEAM 7:00-9:00 pm		7:30- 9:00 H.S. TEAM 7:00-9:00 pm			

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