

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Twister Classes 2-6 yrs old *NOT SURE WHICH CLASS IS RIGHT? SCHEDULE A -----	-----	-----	*Skill Evaluation 4:00-4:15 pm	*Skill Evaluation 4:00-4:15 pm			
Little Twisters (with adult) 2-3.5 years old, 1 hr or 45 min						9:45-10:30 am INCLUDES FREE FRI OPEN GYM	9:15-10:15 am
Swinging Twisters 3-4.5 years old, 1 hr or 45 min	1-2 pm		4:30-5:30 pm	4:30-5:30 pm		10:30-11:15 am INCLUDES FREE FRI OPEN GYM	9:15-10:15 am 10:45-11:45 am
Tumbling Twisters 4-5 years old, 1.25 hr	1-2:15 pm		4:30-5:45 pm	4:30-5:45 pm			9:15-10:30 am 10:45-12 pm
Supersonic Twisters 5-6 years old, 1.25 hr	1-2:15 pm		4:30-5:45 pm 5:30-6:45 pm	4:30-5:45 pm 5:30-6:45 pm			9:15-10:30 am 10:45-12 pm
Developmental CLASSES 7-17 yrs old *NOT SURE WHICH CLASS IS RIGHT? SCHEDULE A -----	-----	-----	*Skill Evaluation 4:00-4:15 pm	*Skill Evaluation 4:00-4:15 pm			
Gymkata for Boys 5-7 years old, 1.25 hr			4:30-5:45 pm 5:45-7 pm	4:30-5:45 pm			
Gymskills for Boys 8-17 yrs old, 1.25 hr			6-7:15 pm	6-7:15 pm			
Flips for Girls 7-9 years old, 1.25 hr	1-2:15 pm		4:30-5:45 pm 6-7:15 pm	4:30-5:45 pm 6-7:15 pm			9:15-10:30 am 10:45-12 pm
Flip & Salute for Teens 10-17 years old, 1.25 hr			6-7:15 pm	6-7:15 pm			
Jump Stars Team for Girls 5-8 yr 1.5 hr 2x's weekly			5:30-7 pm	5:30-7 pm			10:30-12:00 pm
Flip Stars Team for Girls 8-12 yr 2 hr 2x's weekly	2-4 pm				5:30-7:30 pm	4:15-6:15 pm	
Xcel & Optional Team SHHS (Winter Sports season)	2-4:30 X-Platinum L6 L7	TEAM 4:15-7:45 pm All Levels 7:30-9:30 pm	7-9 pm		TEAM 4:15-7:45 pm All Levels 7:30-9:30 pm	TEAM 4:00-7:30 pm All Levels	

Youth Open Gym Adult Open Gym			7:15-8:30 pm		7:30-8:45 pm	11:15 am-12:30 pm	
Twister & Developmental MAKE UP Classes					Thursday 4:15-5:30		
Fall 1 2023					Twisters 2-6 yrs 9/7 & 9/21 Flips 7-17 yrs 9/14 & 9/28		
Fall 2 2023					Twisters 2-6 yrs 10/19 & 11/2 Flips 7-17 yrs 10/26 & 11/9		
Winter 1 2023-24					Twisters 2-6 yrs 11/30 & 12/14 Flips 7-17 yrs 12/7 & 1/11		
Winter 2 2024					Twisters 2-6 yrs 2/1 & 2/15 Flips 7-17 yrs 2/8 & 2/22		
Spring 1 2024					Twisters 2-6 yrs 3/7 & 4/4 Flips 7-17 yrs 3/14 & 4/11		
Spring 2 2024					Twisters 2-6 yrs 4/18 & 5/2 Flips 7-17 yrs 4/25 & 5/9		