

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TWISTER CLASSES   2-6 yrs old</b>							
Little Twisters (with adult) 2-3.5 years old, 1 hr or 45 min						9:45-10:30 am <b>FREE FRI OPEN GYM</b>	10:45-11:45 am
Swinging Twisters 3-4.5 years old, 1 hr or 45 min	1-2 pm	4:30-5:30 pm		4:30-5:30 pm		10:30-11:15 am <b>FREE FRI OPEN GYM</b>	9:30-10:30 am
Tumbling Twisters 4-5 years old, 1.25 hours	1-2:15 pm	4:30-5:45 pm		4:30-5:45 pm			9:30-10:45 am 10:45-12 pm
Supersonic Twisters 5-6 years old, 1.25 hours	1-2:15 pm	4:30-5:45 pm		4:30-5:45 pm			9:30-10:45 am 10:45-12 pm
<b>FLIPS CLASSES   7-17 yrs old</b>							
Gymkata for Boys 5-8 years old, 1.25 hours		5:45-7 pm		4:30-5:45 pm			
Flips for Boys 8-17 yrs old, 1.25 hr Advanced 2hr Flips for Boys				6-7:15 pm 6-8 pm			12-1:15 pm 12-2 pm
Flips for Girls 7-9 years old, 1.25 hours	1-2:15 pm	4:30-5:45 pm 6-7:15 pm		4:30-5:45 pm 6-7:15 pm			9:30-10:45 am 10:45-12 pm
Go, Girl! Gymnastic Class 10-17 years old, 1.25 hours		6-7:15 pm		6-7:15 pm			
Jump Stars Prep Team for Girls 5-10 yr (1.5 hr) 7-10 yr (2 hr) MUST enroll for 2 classes	2-4 pm			5:30-7 pm	4-5:30 pm 5:30-7:30 pm	4-6 pm	10:45-12:15 pm
Excel Team & HS Team			TEAM 4:15-7:45 pm 5:30-9 pm		TEAM 4:15-7:45 pm 5:30-9 pm	TEAM 4:15-7:45 pm 3:30-5:50 pm	
Youth Open Gym Adult Open Gym \$10 per participant			7:45-9 pm		7:45-9 pm	11:15-12:30 pm	

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